



## SOUTH FLORIDA COUNCIL BOY SCOUTS OF AMERICA 2010 BAREFOOT MAILMAN HIKE FEBRUARY 13-14, 2010 RULES & REGULATIONS



- HIKE OBJECTIVE.** To hike a Historical Trail with a large organized group of scouts, resulting in the strengthening of unit integrity through preparation, and building individual scout self-confidence; providing visibility and a positive impression of scouting to the public, while having a fun time and furthering the ideals of the Scout Oath and Law.
- REQUIREMENTS FOR PARTICIPATION:** Participants must be a Boy Scout, Girl Scout, Venture Scout, Varsity Scout, or registered adult Scouters or Venture Guests. **RANK:** (Boy Scouts) Second Class and above. **MINIMUM AGE:** (all hikers) 12 years by December 31, 2009. The younger scouts can participate in the "Big Toe" hike and look forward to participation in the Barefoot later. **PRE-HIKES:** All hikers must complete a minimum of 4 pre-hikes, with each hike being of progressively greater length (see PREPARATION below).
- HIKE INFORMATION:** **The event will take place 'Rain or Shine'.** **START:** Hikers will start February 13, 2010 from the East end of Atlantic Blvd at 222 North Pompano Beach Blvd.. Start times will depend on how many hikers are participating, however, the first Section will step-off at 5:30 AM. Hikers will 'overnight' at Haulover Park, 10800 Collins Ave, Miami Beach. **FINISH:** Sunday, February 14, at approximately 2:00 PM, TENTATIVELY at South Pointe Park, Miami Beach (final location to be announced in January). Parents are to pick up their son/daughter at that time. **ORGANIZATION:** We will be hiking in Sections, with a max. of 60 individuals per Section. Each Section will have a designated Section Leader. Sectional assignments are at the discretion of the hike committee with strong consideration given to timely registration and Unit preference as requested on the registration form. **ALL HIKERS MUST REMAIN WITH THEIR ASSIGNED SECTION FOR THE DURATION OF THE HIKE.**
- REGISTRATION.** Early Registration has started. Fee for Early Registration is \$15.00 per person. (See reverse side for application). **Deadline for Early Registration is Friday, January 29, 2010, at 5:00 PM.** For applications received after the Early Registration deadline, the fee is \$18.00 per hiker. **Applications after the deadline are to be faxed to 305-821-6222 prior to Friday, February 5th, 2010, 5:00 p.m. This is necessary to assign your unit to a section.** You may verify receipt of the fax by calling 305-364-0020. Payment for late registration is to be made on site Saturday morning (cash or check – *NO CREDIT CARDS accepted the day of the hike*). No fees will be refunded for 'no-shows'. All checks are to be made payable to South Florida Council BSA. **Support personnel and their vehicles must register (see form below - No Fee). Need additional applications?** Get it on-line at <http://www.sfcbsa.org/>, or contact the Hikemaster (see contact information below).
- PREPARATION.** A minimum of 4 pre-hikes is required of ALL hikers. The Unit Leader is to *certify that all individual hikers have successfully completed the pre-hikes.* Although the distance of each hike will be dependant on the trail used and the discretion of the Unit Hikemaster, at least one hike must be greater than 15 miles (distances of 5, 10, 15 and 20 miles are strongly encouraged). Scout Handbook contains guidance for hiking under Hiking Merit Badge. It is strongly recommended that all pre-hikes be conducted with full pack and at a 3.5 –4 mile per hour pace. As per BSA guidelines, pack weight should not exceed 20% of the Scout's body weight.
- UNIFORM.** A **Class "A" Uniform worn with pride, is required** for Boy Scouts, Explorers, Venturing Crews, Varsity Scouts and their leaders. Girl Scout Units must be uniform of their Unit, and the Uniform must be presented to Hikemaster for approval (if other than Girl Scout Official Uniform). Running shorts, cut-offs, T-shirts, jeans, camouflage (or alike), or modifications of the uniform **do not qualify as acceptable** attire for this hike. Hikers who desire to wear non-uniform clothing do so AT HOME, **NOT ON THE HIKE!!!**
- SELF-SUFFICIENCY.** During the hike, **EACH UNIT MUST BE TOTALLY SELF-SUFFICIENT.** With the exception of water, **ALL FOOD, SUPPLIES, CLOTHING, OR SHELTER TO BE USED BY THE PARTICIPANT IS TO BE CARRIED BY THE PARTICIPANT.** **ANY UNITS BRINGING ITEMS INTO CAMP FOR THE HIKERS WILL BE HAVE THE UNIT DISQUALIFIED FROM THE HIKE AND THEY WILL BE SENT HOME.** **NO ITEMS ARE TO BE PURCHASED BY OR FOR HIKERS ALONG THE HIKE ROUTE** until the hike has been completed on Sunday afternoon. Hikers who have attained 60 years of age, may, at their option, have their gear carried by others, or in a support vehicle.

8. **CAMPING.** Overnight camping will be at Haulover Park. We have use of the area west of A1A and north of the golfing area. Swimming is not allowed. All tunnels and A1A underpasses and any area east of the parking area are restricted. **This is not a family camping event. Visitors are welcome, but only hikers, the registered support crews and staff shall be allowed to camp overnight.**

8. **UNIT LEADER/HIKEMASTER RESPONSIBILITY.** The Unit Leader/Hikemaster is responsible for:

- 1) The safety and behavior of each hiker in his unit;
- 2) Insure that the Unit abides by "Two-Deep" Leadership.
- 3) Insuring that everyone hiking participates within the code of the Scout OATH and Scout LAW
- 4) Insuring that everyone hiking has a full and complete CLASS-A UNIFORM (Shirt/Pants).
- 5) Having the unit **formed and ready to step-off Saturday morning at their designated time** (late Units will be placed in later sections on a 'space-available' basis, which may be one to three Sections later)
- 6) Be aware of the position of all in Unit's hikers within the Section, and their hiking abilities;
- 7) Maintaining pace of their hikers so the Unit stays with their assigned section;
- 8) Assist the Section Leader in keeping unit hikers on the sidewalk, or to the side of the road (when a sidewalk is not present), and not on road/highway;
- 9) Generally assisting the Section Leader, Hikemaster, and Committee in maintaining an orderly and safe hike;
- 10) Having their Unit police their camping area Sunday morning, and assisting the Hikemaster in final inspections of Haulover Camping and South Pointe Park Festivities;
- 11) Insure the Unit is formed and ready at the step-off point by the designated time on Sunday morning;
- 12) Insuring Unit and Unit's American Flag are available for the Parade of Flags on Sunday
- 13) Returning any mailbags and section flags on Sunday to the Hike Staff, at the end of the hike.

**FAILURE TO COMPLY WITH ANY OF THE RULES AND REGULATIONS WILL RESULT IN DISMISSAL FROM THE HIKE – NO PATCH, NO CERTIFICATE, NO REFUND**

**ADDITIONAL INFORMATION.** The registration fee will cover:

- (1) Commemorative Barefoot Mailman Hike envelope with a stamp and letter explaining the Barefoot Mailman Hike;
- (2) Certificate of hike completion for each participant;
- (3) Barefoot Mailman Patch; and
- (4) End-of-hike festivities and refreshments.

The Barefoot Mailman Medals will be available for purchase at the end of the hike. They will also be available at the Scout Service Center beginning on February 14, 2010. Proof of hike completion (certification) will be required for purchase of this item.

PLEASE REMEMBER TO *BRING YOUR UNIT AND AMERICAN FLAGS FOR THE "PARADE OF FLAGS" ALONG THE FINAL MILE OF THE HIKE* (Flags can be transported to the site by support vehicle(s)).

For any questions or further details concerning the Barefoot Mailman Hike, please contact Steve Blair, 2010 Barefoot Mailman Hikemaster (305 383-8001 or 305 775 9404 or [s\\_pblair@bellsouth.net](mailto:s_pblair@bellsouth.net) )

**Need additional applications?** Get it on-line at <http://www.sfcbsa.org/>, or contact the Hikemaster

**SOUTH FLORIDA COUNCIL BOY SCOUTS OF AMERICA  
HURRICANE DISTRICT  
APPLICATION FOR FORTY-SIXTH ANNUAL BAREFOOT MAILMAN HIKE  
February 13-14, 2010**

On behalf of our unit I am requesting that the persons listed below be granted permission to participate in the 2010 Barefoot Mailman Hike on February 13-14, 2010. We are a (mark one) \_\_\_\_\_ Boy Scout Troop \_\_\_\_\_ Girl Scout Troop \_\_\_\_\_ Varsity Scout Team \_\_\_\_\_ Venturing Crew

**EARLY REGISTRATION: \$15.00 (up to January 29<sup>th</sup>)  
REGISTRATION FEE: \$18.00 (after January 29<sup>th</sup>)**

(Use additional Sheets as necessary-TEN YEAR HIKERS SEE NOTE AT BOTTOM OF PAGE)

1. _____	_____	_____	_____	_____
UNIT HIKE LEADER	POSITION	UNIT #	DISTRICT	E-MAIL ADDRESS
_____	_____	_____	_____	_____
ADDRESS	CITY/ZIP	HOME PH.	BUSINESS PH.	Hike #*
_____	_____	_____	_____	_____
<u>NAMES OF ADDITIONAL ADULT PARTICIPANTS</u>	<u>ADDRESS</u>	<u>CITY/ZIP</u>	<u>(Include Area Code) HOME/BUSINESS PH</u>	<u>UNIT POSITION</u>
_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____

**SECTION PREFERENCE (Circle One)    1    2    3    4    5    6**

	(Minimum age 12 - 2nd Class requirements complete)				
NAMES (SCOUT ROSTER)	ADDRESS	CITY	HOME PH	AGE	WHAT # HIKE IS IT
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____	_____
7. _____	_____	_____	_____	_____	_____
8. _____	_____	_____	_____	_____	_____
9. _____	_____	_____	_____	_____	_____
10. _____	_____	_____	_____	_____	_____
11. _____	_____	_____	_____	_____	_____
12. _____	_____	_____	_____	_____	_____
13. _____	_____	_____	_____	_____	_____
14. _____	_____	_____	_____	_____	_____

\* = You **MUST** notify the Hikemaster (Steve Blair) directly and **PRIOR TO JANUARY 17TH**, if a hiker will be hiking his 10<sup>th</sup>, 20<sup>th</sup>, or 30<sup>th</sup> hike (verification of previous hikes [patches or certificates] required).

**SUPPORT PERSONNEL / VEHICLE REGISTRATON  
FOR FORTY-FOURTH ANNUAL BAREFOOT MAILMAN HIKE**

**Support vehicles must register to be able to provide security reasons as well as to provide  
fee waivers for entrance into John U Lloyd State Park**

**February 13-14, 2010**

UNIT HIKE LEADER	POSITION	UNIT #	DISTRICT	E-MAIL ADDRESS	
ADDRESS	CITY/ZIP		HOME PH. <small>(Include Area Code)</small>	BUSINESS PH.	
NAMES	ADDRESS	CITY/ZIP	HOME PH	MAKE MODEL VEHICLE	TAG #
1.					
2.					
3.					
4.					
5.					

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